

ROCK *the* BLOCK DANCE + CIRCUS

YOUR NEXT STEP

2020 TIMETABLE

Monday

Studio 1		
Times	Class	TEACHER
3:30pm-4:00pm		
4:00pm-4:45pm	Level 9 Tap	Miss Robyn
4:45pm-5:30pm	Intermediate Cheer	Miss Robyn
5:30pm-6:15pm	Senior Cheer	Miss Robyn
6:15pm-7:00pm	Burlesque/Chorus Line	Miss Robyn (Age 15+ Only)
7:00pm 7:45pm	Senior Hip Hop	Winston
7:45pm-8:30pm	Senior Lyrical	Billy
8:30pm-9:15pm	Senior Contemporary	

Studio 2		
Times	Class	TEACHER
3:30pm-4:00pm		
4:00pm-4:45pm	Intermediate/ Senior Open Tap	Miss Christie
4:45pm-5:30pm	Senior Jazz	Shane
5:30pm-6:15pm	Intermediate Jazz	Shane
6:15pm-7:00pm	Intermediate Hip Hop	Winston
7:00pm 7:30pm	Broadway Jazz	Miss Robyn
7:30pm-8:30pm	14/U Troupe	Miss Robyn

Studio 3		
Times	Class	TEACHER
3:30pm-4:00pm	Ava Solo	Miss Emily
4:00pm-4:45pm	Level 10 Tap	Miss Emily
4:45pm-5:15pm		
5:15pm-5:45pm		
5:45pm-6:15pm		
6:15pm 7:00pm		
7:00pm-7:30pm		

Tuesday

Studio 1		
Times	Class	TEACHER
3:30pm 4:00pm	Bella Solo	Miss Robyn
4:00pm-4:45pm	Grade 8 Tap	Miss Robyn
4:45pm-5:30pm	Adv Junior Cheer	Miss Robyn
5:30pm-6:15pm	Adv Junior Hip Hop	Shane/Christie
6:15pm-7:00pm	Pre-Intermediate Ballet	Miss Brooke
7:00pm 7:45pm	Musical Theatre	Miss Christie
7:45pm-8:30pm	Group singing	Miss Rachel

Studio 2		
Times	Class	TEACHER
3:00pm 3:30pm	Kayla P solo	Miss Robyn
4:00pm-4:45pm	Grade 6 Tap	Miss Christie
4:45pm-5:30pm	Pre-Intermediate Hip Hop	Miss Christie
5:30pm-6:15pm	Pre-Intermediate Cheer	Miss Robyn
6:15pm-7:00pm	Adv Junior Jazz	Miss Christie
7:00pm-7:45pm	Adv Junior Ballet	Miss Brooke
7:45pm-8:15pm	Mariah S Solo	Miss Brooke

Studio 3		
Times	Class	TEACHER
3:30pm 4:00pm		
4:00pm-4:45pm		
4:45pm-5:30pm	Boys Only Hip Hop	Shane
5:30pm-6:15pm		
6:15pm-7:00pm		
7:00pm-7:30pm		
7:30pm-8:00pm		

Wednesday

Studio 1		
Times	Class	TEACHER
3:30pm-4:00pm	Elouise Solo	Miss Robyn
4:00pm-5:00pm	Strength/Stretch/Technique	Miss Robyn
5:00pm-5:45pm	Intermediate Contemporary	Miss Charlotte
5:45pm-6:30pm	Intermediate Lyrical	Miss Charlotte
6:30pm-7:15pm	Intermediate Ballet	Miss Corrina
7:15pm-7:45pm	PBT	Miss Corrina
7:45pm-8:30pm	Open ballet seniors	Miss Corrina
8:30pm-9:15pm	Pointe	Miss Corrina

Studio 2		
Times	Class	TEACHER
3:00pm-3:30pm	Claire solo	Miss Robyn
4:00pm-5:00pm	Tiny Tots Ballet/Jazz/Tap	Miss Emily/Miss Karley
5:00pm-5:45pm	Pre-Intermediate Lyrical	Miss Jess
5:45pm-6:30pm	Pre-Intermediate Contemporary	Miss Jess
6:30pm-7:15pm	Pre-Intermediate Jazz	Miss Charlotte
7:15pm-8:15pm	12/U Troupe	Miss Christie
8:15pm-8:45pm	Shayley Solo	Miss Christie

Studio 3		
Times	Class	TEACHER
3:30pm-4:00pm	Level 4 Tap	Miss Emily
4:15pm-5:00pm	Junior/Adv Junior Technique	Miss Charlotte
5:00pm-5:45pm	Junior/Adv Junior Contemporary	Miss Kasey
5:45pm-6:30pm	Junior/Adv Junior Lyrical	Miss Kasey
6:30pm-7:15pm	Adv Junior Jazz	Miss Jess
7:15pm-7:45pm		
7:45pm-8:15pm		
8:15pm-8:15pm		

Thursday

Studio 1		
Times	Class	TEACHER
4:00pm-4:45pm	Junior Level 1 Silk	Blake Assistant - Kasey
4:45pm-5:30pm	Teen Level 1 Silk	Blake Assistant - Kasey
5:30pm-6:15pm	Level 2 silk	Blake Assistant - Kasey
6:15pm-7:00pm	Junior Lyra	Blake Assistant - Bri
7:00pm-7:45pm	Teen Lyra	Blake Assistant - Bri
7:45pm-8:30pm	Level 2 Lyra	Blake Assistant - Bri
8:30pm-9:30pm	Level 3 Lyra	Blake

Studio 2		
Times	Class	TEACHER
3:30pm-4:00pm	Level 2 Tap	Miss Emily
4:00pm-4:30pm	Junior Jazz	Miss Emily
4:30pm-5:15pm	Junior Ballet	Miss Jessica
5:30pm-6:15pm	Acrobatics 1	Miss Adriana
6:15pm-7:00pm	Acrobatics 2	Miss Adriana Assistant - Kasey
7:00pm-7:45pm	Acrobatics 3	Miss Adriana

Studio 3		
Times	Class	TEACHER
3:30pm-4:00pm	Level 1 Tap	Miss Jess
4:00pm-4:30pm	Bronte Solo	Miss Jess
4:30pm-5:00pm	Makinlee Solo	Miss Emily
5:00pm-5:30pm	Makinlee and Pippa Duo	Miss Emily
5:30pm-6:00pm	Pippa Solo	Miss Emily
6:00pm-6:30pm		

Friday

Studio 1		
Times	Class	TEACHER
4:00pm-4:45pm	Level 1 / Level 2 Hammock	Miss Ashleigh
4:45pm-5:30pm	Junior Lyra	Blake Assistant - Ash
5:30pm-6:30pm	Level 3 Hammock	Blake
6:30pm-8:00pm	Level 4 Silk	Miss Mel

Studio 2		
Times	Class	TEACHER
4:00pm 4:45pm	Circus Hoop	Blake
4:45pm-6:00pm	RAD Inter foundations	Miss Brodie
6:00pm-6:45pm	Pointe/ Progressive Ballet Technique	Miss Brodie
6:00pm-6:45pm		

Studio 3		
Times	Class	TEACHER
3:30pm-4:00pm		
4:00pm-4:30pm		
4:30pm-5:15pm		
5:15pm-6:00pm		

Saturday

Studio 1		
Times	Class	TEACHER
8:30am-9:00am	Tiny Tumblers	Miss Jess
9:00am-9:45am	Acro 1 Acro 2	Miss Jess Miss Kasey
10:00-10:45am	Level 1 Silk	Miss Ashleigh Assistant - Kasey
10:45-11:30am	Level 2 Silk	Miss Ashleigh Assistant - Kasey
11:30am-12:15pm	Beginner Contortion	Miss Mel
12:15pm-1:00pm	Contortion Extension	Miss Mel
1:00pm-1:45pm	Level 3 Acro	Miss Mel
1:45pm-2:45pm	Level 3 Silk	Miss Mel
2:45pm 3:45pm	Elite	Miss Mel

Studio 2		
Times	Class	TEACHER
9:00am-10:00am	Tiny Tots Ballet/Jazz/Tap	Miss Emily Miss Elise
10:00am-10:30am	Pom Squad	Miss Emily
10:30am-11:15pm	8/U Troupe	Miss Emily
11:15pm-11:45pm	Savanah N solo	Miss Adriana
11:45pm-12:15pm	Kaliska N solo	Miss Adriana
12:15pm-12:45pm	Lara V solo	Miss Adriana
12:45pm-1:45pm	Junior recreational Tap/Jazz/Ballet	Miss Adriana
1:45pm-2:15pm 2:15pm-2:45pm	Ava W solo Grace Solo	Miss Adriana

Studio 3		
Times	Class	TEACHER
8:30am-9:00am		
9:00am-9:30am		
9:45am-10:15am		
10:15am-10:45am	Eva Solo	Miss Jess
10:45am-11:15am	Maddi M Solo	Miss Jess
11:15am-11:45am	Level 3 Tap	Miss Emily
11:45am-12:15pm		
12:15pm-12:45pm 12:45pm-1:15pm	Rachel solo Elouise Solo	Miss Emily

AGE GROUPS

DANCE	AERIAL – SILKS/HAMMOCK/LYRA	ACRO/ CONTORTION/CIRCUS HOOP
Tiny Tots/Tiny Tumblers: 3-6 years	Beginners – 6-11 years	Based on experience
Juniors: 6-8 Years	Level 1 –8-teen years	Circus Hoop – 8 years+
Advanced Juniors: 9-11 years	Level 2-4 Based on experience	
Pre-Intermediate: 11-13 years		
Intermediate: 13-15 years		
Seniors 16 years +		
Group Singing 7 years+		
Pom Squad: 5-7 years		